

## Effects of Ecstasy

Ecstasy (also known as MDMA) is a Class A drug under the Misuse of Drugs Act 1971. Ecstasy is both a hallucinogenic and a stimulant drug which can cause direct damage to brain cells that are involved in thinking and memory. Taking the drug can also cause seizures, brain swelling and permanent brain damage.

Ecstasy can be swallowed (tablet) or snorted (powder)

This poster outlines the different effects of consuming Ecstasy. It must be noted that the effects will vary depending on the person and consumption, however in extreme cases even the smallest amount of ecstasy can cause fatalities.

### Short-term Effects

- Impaired judgement
- Confusion
- Sleep problems
- Severe anxiety
- Paranoia
- Drug cravings
- Muscle tension
- Faintness and chills
- Blurred vision
- Nausea
- Blood pressure increases
- Eye-twitching

### Long-term Effects

- Kidney failure
- Psychosis
- Cardiovascular collapse
- Convulsions
- Degenerated nerve branches and nerve endings
- Damage of the nose mucus
- Common nosebleeds
- Severe damage to the nose cartilage
- Haemorrhaging
- Depression
- Liver damage
- Heart palpitations
- Toxic to the brain
- Impairs memory
- Loss of overall brain mass

